

CHECK LIST FOR “3 SEASON” BACKPACKING (VER. 8/13/18)

- Map of the route in zipper bag (will get from PL)
- Compass with base plate
- Digital watch, inexpensive, water resistant, with time/alarm/chronograph/timer/light
- Water already in bottle (bring (2) 1 liter water bottles)
- Rain gear (jacket and pants, not a poncho)
- Emergency snack food
- Fire starter and mini lighter or matches together in a waterproof container
- First aid kit, personal (see BSA handbook) and medication
- Pocket knife
- Headlamp with extra set of batteries
- Whistle on neck lanyard (WEAR at all times!)
- Insect repellent (no aerosol - could share by Patrol)
- Sunscreen (no aerosol - could share by Patrol)
- Lip balm (bring if you need it)
- Mess gear (bowl, spoon, & cup only) no need for the rest
- Ball cap with brim or “bucket” type hat with all around brim (WEAR)
- 2 pairs of wool or synthetic socks
- 2 pairs of polyester liner socks
- 2 Long synthetic pants or Zip-offs - (if cool)
 --or--
- 2 Short synthetic pants - (if warm) Zip-offs double as both
- 2 Long-sleeved synthetic shirt - (if cool)
- 2 Short-sleeved synthetic shirt - (if warm)
- Set of long underwear tops and bottoms, synthetic (for sleeping or extra warmth)
- Fleece jacket
- Waterproof hiking boots (Make sure they still fit before leaving home!)
- 2 pairs of underwear
- 2 bandanas - WEAR ONE
- Sleeping bag (warm enough for the night time temp.) in a garbage bag lined stuff sack
- Sleeping pad in lined stuff sack or garbage bag
- Wool or synthetic hat or balaclava
- Wool or synthetic gloves
- Rope: Minimum 25' of 1/8" nylon, 550 Paracord, etc.
- BSA Handbook in a zipper bag (One per Patrol)
- Small notebook or folded pages and sharpened golf size pencil in a zipper bag
- Framed backpack (preferably external) with straps for sleeping bag, properly fitted to torso size. Garbage bag pack liner for clothes, or several 2 gallon zipper bags

- Waterproof pack rain cover
- Toiletries (toothbrush and toothpaste, biodegradable soap , Purell and two day's worth TP in a zipper bag (no need for the whole roll))

OPTIONAL ITEMS

- Deck of playing cards, Uno, travel backgammon, etc. (share by Patrol)
- Paperback book
- Trekking poles
- Extra clear garbage bag for emergencies
- Wind shirt, breathable ultra-light nylon
- Carabiners
- Gaiters
- Rain hat and rain gloves
- Water bladder with hose (Platypus, Camelback, etc.)
- Mosquito head net
- Travel pillow
- Camp shoes (no open toe sandals)
- Sit pad or packable chair
- Duct tape wrapped on your pencil or a piece of drinking straw.